

Mental Health Awareness



Today, "988" is the three-digit, nationwide phone number to connect directly to the 988 Suicide and Crisis Lifeline. By calling (or texting) 988, you'll connect with mental health professionals with the 988 Suicide and Crisis Lifeline, formerly known as the National Suicide Prevention Lifeline. Veterans can press "1" after dialing 988 to connect directly to the Veterans Crisis Lifeline which serves our Nation's Veterans, service members, National Guard and Reserve members, and those who support them. For texts, Veterans should continue to text the Veterans Crisis Lifeline short code: 838255.

Common misconceptions about suicide

Myth: People who talk about it won't really do it.

Fact: Almost everyone who attempts suicide has given some clue or warning. Don't ignore even indirect references to death or suicide. Statements like "You'll be sorry when I'm gone," "I can't see any way out,"—no matter how casually or jokingly said—may indicate serious suicidal feelings!

Myth: Anyone who tries to kill themselves must be deranged or senseless.

Fact: Most people who experience suicidal thoughts are not psychotic or insane. They are upset, grief-stricken, depressed or in despair. Extreme distress and emotional pain are not necessarily signs of mental illness.

Myth: If someone is determined to kill themselves, nothing is going to stop them.

Fact: Even a severely depressed person has mixed feelings about death, shifting between wanting to live and wanting to die. Rather than wanting death, they just want the pain to stop—and the impulse to end their life does not last forever.

Myth: People who die by suicide are people who were unwilling to seek help.

Fact: Many people try to get help before attempting suicide. In fact, studies indicate that more than 50 percent of suicide victims had sought medical help in the six months prior to their deaths.

Myth: Talking about suicide may plant the idea.

Fact: Untrue! You don't give someone these thoughts by talking about suicide. Rather, the opposite is true. Talking openly and honestly about suicidal thoughts and feelings may help save a life.

Calls for Service as Reported

Animal Complaint – Dog at Large: 8 Animal General – Misc. Animal Calls: 11 Assist Other Agency – General/Other: 15

Burglar Alarm: 13 Business Check: 65 Business Updates: 0

Civil Matter: 6

Civil Standby: 1

Domestic Disturbance: 7
Fingerprint Service: 0
Follow Up Investigation: 13
Juvenile Involved/Incorrigible: 1
Motorist Assist/Disabled Vehicle: 18
Motor Vehicle Collision – General: 10

Motor Vehicle Complaint: 19 Motor Vehicle Lockout: 3 Noise Complaint: 2 Pistol Permits Issued: 9

Police Courtesy/Citizen Assist: 19

Police Information: 18 Protective Orders: 4 Report Requests: 20

Sex Offender Registration/Update: 3

Sex Offense: 2

Suspicious Activity/ Person: 3

Suspicious Vehicle: 2 Theft/Fraud/Scam: 5

Vandalism/Property Damage: 2

VIN Verification: 4

Monthly Total Calls Generated: 1067

Note: Administrative tasks and projects, training, and court related activity is included in the monthly total.

Incidents

Aggravated Felonious Sexual Assault: 2

Animal Related: 2 Criminal Threatening: 2 Criminal Mischief: 2 Domestic Dispute: 4 Drug Related: 1 Missing Person: 1 No Crime Involved: 18

Theft/Fraud: 2

Arrests

Aggravated Felonious Sexual Assault (x2) Aug. 1 –

A female victim reported a sexual assault. An investigation was launched, a search warrant executed on the home of the male suspect and he was arrested on the felony. He was booked and released on

personal recognizance bail with a court date at Hillsborough County (North) Superior Court.

Driving after Revocation/Suspension; DUI & Alcohol Interlock Device not Equipped in Vehicle

Aug. 1 – A Motor vehicle stop was conducted on Reservoir Drive near John Conner Road. The male operator's license to operate a motor vehicle had been suspended due to a DUI conviction. Upon further investigation it was determined the operator was also required to have an ignition interlock device installed on his vehicle and he did not. The man was arrested, booked at the Weare Police Department and released on personal recognizance bail. He will go before the Goffstown District Court.

Reckless Conduct - Deadly Weapon (x2) Aug. 6 -

We responded to Mountain Road for reported suicidal comments/possible attempt. The man, who had barricaded himself in a second-story bedroom, fired shotgun rounds out of a window while we were attempting to make contact.

He was medically checked, arrested on a felony, booked and transferred to the Hillsborough County Department of Corrections. Many mutual aid partners assisted in this call for service.

Arrested on WPD warrant: Violation of a Protective Order & Stalking-DV Order Aug 10 -A

man was taken into custody by the Bow Police
Department on a Weare arrest warrant for having
called the plaintiff in a current Domestic Violence
Order of Protection.. He was booked and processed in
Weare and transported to the Hillsborough County
Department of Corrections. Violations of protective
orders are **no bail** if violated. He was arraigned the
following day at Goffstown District Court.

Arrested on WPD warrant: Falsifying Physical Evidence, Possession of a Controlled Drug Schedule 1-4 (x2), Endangering the Welfare of a Child & Breach of Bail Aug 10 –A man was arrested at the Hillsborough County Department of Corrections where he was being held on other criminal charges. In May 2022, he directed a juvenile to not report an incident immediately as one normally would. It is believed the delayed report was for his need to hide

contraband which would put him in breach of current bail conditions. We also understood he ingested illicit drugs in front of a child. During the execution of a search warrant, at his Concord Stage Road residence we seized suspected methamphetamine, heroin and firearms.

Domestic Violence (DV); Simple Assault – Physical Contact Aug 18 –We responded to Concord Stage Road to assist a citizen. On scene, we discovered a DV assault had taken place earlier that morning. A man was subsequently arrested and during the booking process we found he was actively on probation. The man was transported to the Hillsborough County Department of Corrections on a 72-hour probation hold awaiting an arraignment the following day at Goffstown District Court.

*The following three entries are separate event for separate locations:

- 1. Prohibited Sale of Alcohol Aug 18 Through a cooperative effort between the NH State Liquor Commission and the Weare Police Department a woman who works at a business in Weare was issued a hand summons for selling alcohol to a minor. The Liquor Commission led the investigation and we assisted with the arrest/hand summons. An arraignment was set for the Goffstown District Court.
- **2. Prohibited Sale of Alcohol Aug 18** –A juvenile who works at a Weare business was issued a hand summons for selling alcohol to a minor. This was *another* cooperative effort between the NH Liquor Commission and the Weare Police Department. The Liquor Commission led the investigation and we assisted with the arrest/hand summons. An arraignment will take place at Goffstown District Court.
- 3. Prohibited Sale of Alcohol Aug 18 Female suspect who works at a Weare business was issued a hand summons for selling alcohol to a minor. This was a cooperative effort between the NH State Liquor Commission and the Weare Police Department. The Liquor Commission was in charge of the investigation. We assisted with the arrest/hand

summons. An arraignment will take place at Goffstown District Court.

Criminal Threatening w/Deadly Weapon & Disorderly Conduct Aug 21 –Weare Police responded to the parking lot of *Country 3 Corners* for a fight in progress. The exchange began after their vehicles nearly collided. One man reportedly removed a chainsaw from his truck and was actively attempting to start it when the physical altercation ensued. The male brandishing the chainsaw was arrested on a felony, booked and released on personal recognizance bail. An arraignment date was issued at Hillsborough County (North) Superior Court.

Driving Under the Influence (DUI) & Unregistered Vehicle Aug 21 –Weare Police responded to a moped crash in the area of 197 Tiffany Hill Road. The male operator was arrested, released on personal recognizance bail and given a date to appear before the Goffstown District Court.

Driving after Revocation/Suspension & Operating with an Expired License, Subsequent Aug 23 –A motor vehicle stop was conducted at the Hopkinton-Everett Dam with a two mopeds. It was discovered a male operator of one of the mopeds did not have a valid driver's license and his privilege to operate a motor vehicle was actively suspended. He was arrested, booked and released on personal recognizance bail with a court date at Goffstown District Court. Suspected marijuana was also seized during this incident.

Domestic Violence (DV); Simple Assault – Physical Contact (x2) Aug 31- Weare Police Responded to River Road for a 911 call reporting a Domestic Disturbance. During the investigation it was determined a female had struck a man with a wine glass. The woman was arrested and booked at the Weare Police Department. She was released on personal recognizance bail with a court date at Goffstown District Court.

Motor Vehicle Enforcement

Motor Vehicle Stops: 243 Motor Vehicle Citations: 19



Have you ever driven by a police car, waved at the officer and thought... WHY didn't the officer wave back!?

If so, you may have drawn some quick assumptions. People who take the moment to share a friendly wave appreciate an acknowledgement in return. Let me assure you, we very much appreciate the courteous gesture!

When on patrol, we are constantly on the lookout for all sorts of concerns (on the roadways and beyond). When we see an approaching vehicle certain actions are put into motion in no specific order to include the following:

- We look for a front license plate.
 New Hampshire is a 2 plate state.
- We check for a valid inspection sticker.
- We attempt a quick observation for any defective equipment.
- And, we look into the vehicle for countless concerns to include Hands Free violations, alcohol. etc.

On our best day we have an extra second to extend a wave back. Please know, your kindness means A LOT to us and does not go unnoticed!

To Contact Us

Police Dispatch

603-497-4858. Dial this number to request police assistance or to report a non-emergency. Our dispatch services are provided by the Goffstown Police Department.

Our Mailing & Physical Address

Weare Police Department 144 North Stark Highway Weare, NH 03281

Website & Social Media

We encourage you to visit us at wearepolice.com, Facebook and Instagram.

Our website offers "Alerts." Those who subscribe will receive an email alert when we have important information to share! The site also provides forms and other informational resources for your convenience.

Office Line (non-emergency)

(603) 529-7755 (then, option 2).

If your call is not answered after five (5) rings, you will automatically be transferred to our dispatch center for assistance.

Office Fax

(603) 529-0606

Prosecution

Violations, Misdemeanors, Juvenile petitions and Administrative License Suspensions:

These are handled in-house by Weare Police Officer/Prosecuter Laura Purslow. She may be reached at (603) 529-7755 (then, option 2).

Felony level: The Hillsborough North County Attorney's Office prosecutes these cases and may be reached at (603) 627-5605.

DIRECTED PATROLS (Citizen concerns)		
126 Patrols Conducted in August		
Area / Road / Address	Area of Attention	Reported Concerns
East Weare Road	Roadway	Crime Prevention
Concord Stage Road	Multiple locations	Speed
114	Mulitple locations	Speed
River Road	Roadway	Speed
Deering Center Road	Roadway	Speed
Riverdale Road	Between North Riverdale and 114	Speed - Commercial Vehicles
Mountain/Mountain School	Roadway	Speed
Bolton Memorial Field	BMF	Criminal Mischief
Paige Memorial Lane	Tennis Courts	Criminal Mischief
Thorndike Road	Morning and Evening Commute	Speed
Reservoir Road	Roadway & Chase Park	Speed, Crime Prevention & Parking
DIRECTED PATROLS (Contractual)		
50 Patrols Conducted in August		
Everett Dam	30min patrol 2x DAILY 1200-2000hrs & 2000-0200hrs	Crime Prevention

Directed Patrols

Directed Patrol is yet another example of our **PARTNERING TOGETHER WITH YOU** to address traffic concerns on our roadways! To request to have a directed patrol established in your neighborhood, either call 603-529-7755 and ask for Corporal Michael Muise or send an email to michael.muise@wearepolice.com.

Directed Patrol- General: 309 126 arose out of citizen concerns.

50 were contractual.

133 were at officer's discretion for crime prevention/ accident prevention / traffic enforcement.

Prepared By: Corporal Michael Muise

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Public Information Campaign

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Bullying

Bullying is most commonly known to happen amongst children throughout a school day; however, bullying can be experienced by both children and adults. There are various types of bullying that occur and though some acts of bullying are obvious to spot, some may be more subtle. Types of bullying you should be on the lookout for are Physical Bullying, Verbal Bullying, Social Bullying, and Cyber Bullying.

The Definition of Bullying: an unwanted, aggressive behavior that involves a real or perceived power imbalance



Physical Bullying

The act of hurting a person's body or destroying their possessions. Physical bullying includes: hitting, kicking, pinching, spitting, tripping/pushing, taking or breaking someone's belongings.

If your child comes home with unexplained scrapes and bruises or has damaged belongings or clothes, ask them if they are being bullied. It may be an uncomfortable conversation for your child to admit they are being bullied, but their well-being takes precedence!

Verbal Bullying

The act of saying or writing hurtful things. Verbal bullying includes: teasing, name-calling, taunting, and threatening to cause harm.

Verbal bullying can cause the target to feel fearful in an environment they should ordinarily feel safe in. Verbal bullying may seem harmless, but it can cause an individual to live in a constant fear from the continued threats they receive from their bully.





Social Bullying

The act designed to harm someone's social reputation or cause humiliation. It is often difficult to spot because it can be carried out behind the person's back. Social bullying can include leaving someone out on purpose, telling other children not to be friends with someone, spreading rumors about someone, and embarrassing someone in public.

Cyber Bullying

The use of technology which is used to harass, threaten, embarrass, or target another person. Online threats and mean, aggressive, or rude texts, tweets, posts, or messages all count as Cyber Bullying!

Social Media has transformed where, when, and how bullying is taking place. Bullies tend to feel safe behind the screens of their cell-phones and computers, this helps contribute to cyber bullying.



What you can do to prevent cyber bullying:

- Don't contribute to online bullying, even if your friends encourage you to do it. You know what's right and wrong; aim to be a role model in your friend group.
- Don't encourage bullies by "liking" or sharing their comments or posts. "Liking" content reinforces a person's behaviors.
- Block and report harassers. Many Social Media sites like Instagram, TikTok, and Facebook have safety centers where you can report harassment.

If you are being bullied, it is important that you tell someone! We know it is not always easy to tell someone. You do not deserve to live in constant fear or torment from your bully! Tell a friend, tell a parent, or tell the school if you are being bullied! You do not have to feel alone through your battles!

For More Information or Resources:

 $\frac{https://www.stopbullying.gov/resources/laws/new-hampshire}{options/} \ \underline{https://www.ditchthelabel.org/report-bullying-options/}$